

2018 Attitude and Behavior Goals

Self

- 1.
- 2.
- 3.

Marriage

- 1.
- 2.
- 3.

Children

- 1.
- 2.
- 3.

Extended Family

- 1.
- 2.
- 3.

Work

- 1.
- 2.
- 3.

Recreation

- 1.
- 2.
- 3.

Examples:

Breathe
Observe
Smile
Listen
Encourage
Support
Hug
Cheer
Model
Love
Care
Share
Create
Engage
Pursue
Move
Sing
Patience
Lead
Fun
Teach
Spur
Communicate
Energy
Determination
Walk
Swim
Run